

September 3 1921

# ALL HE NEEDED ---WAS REST

A broken man in a panic saw the family doctor who diagnosed the case from the point of view of an honest physician, but kept the diagnosis to himself. A little later the anxious wife called "to know the worst," but went away happy with the assurance that all her man needed was REST.

Not many ordinary citizens know how to rest. They need direction. "Rest" is not merely loafing—it is far easier than loafing on the loose—at home or elsewhere. It takes less time, costs less, and is far more effective than loafing if the rest is taken under the wing of the Mineral Springs Sanitarium.

Write, Phone or Call for Full Particulars.

No Alcoholic Cases Received.

## Mineral Springs Sanitarium

Phone J1024.

ELMWOOD,  
WINNIPEG.

